

Well London

www.london.gov.uk/welllondon

Well London is funded by the Big Lottery Fund. The aim is to work with local people to improve the health and wellbeing of Londoners in 20 neighbourhoods.

Well London is a partnership between seven organisations. Together they form the Well London Alliance.

- ✳ London Health Commission
- ✳ Central YMCA
- ✳ Groundwork London
- ✳ London Sustainability Exchange
- ✳ University of East London
- ✳ Arts Council England, London
- ✳ South London and Maudsley NHS Trust



Well London is all about feeling and being well, in mind and body. There are many aspects of our lives that influence how well we feel, that's why Well London focuses on the following themes:

- ✳ Healthy eating
- ✳ Physical activity
- ✳ Arts & culture
- ✳ Open spaces
- ✳ Mental wellbeing

There's a range of unique Well London events and activities taking place in your area, now and in the future. Just some of the activities taking place across London include: gardening and food growing, community feasts, sports sessions, and dance and art projects. All of the Well London activities are free and everyone is welcome.

There are also opportunities for local people to access free training and to volunteer. It's all about getting out, meeting people and having a good time.

For more information about what is happening in your area contact:

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020 8223 4149
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Or visit: www.london.gov.uk/welllondon



www.activelivingmap.org.uk

Active living

Hoe Street
Waltham Forest



Key

Health advice and information

A0	Akshar Pharmacies	8a Rushbrook Crescent E17 5BZ, 020 8527 5443
A0	Penrhyn Avenue Surgery	2a Penrhyn Avenue E17 5DB, 020 8527 2563
A1	Wiedean Ltd	21 Priory Court E17 5NB, 020 8527 2020
A2	Coleridge Road Specialist Centre	30 Coleridge Road E17 6QU
A2	Forest Road Medical Centre	354-358 Forest Road E17 5JL, 020 8520 7115
A2	Peter Robson	81 Diana Road E17 5LE
A2	Redbridge & Waltham Forest Learning Disability Team	30 Coleridge Road E17 6QU
A2	Teeba Health Services	281 Forest Road E17 6HD, 020 8527 1358
A2	The Surgery	148 Palmerston Road E17 6PY, 020 8520 3059
A2	Waterman Pharmacy	248-250 Forest Road E17 6JG, 020 8520 0795
A3	Community Learning Disabilities	47 Gainsford Road E17 6QB
A4	Brunner Medical Centre	2 Brunner Road E17 7NT, 020 8520 4748
A4	District Nurses Office	Unit 37, Alpha Business Centre, 60 South Grove E17 7NX
A4	Doctors Surgery	St. James Health Centre, 47 St. James's Street E17 7NH, 020 8521 6138
A4	National Co-Operative Chemists Ltd	19 High Street E17 7AD, 020 8520 4769
A4	St James Chemist	69 St. James's Street E17 7PN, 020 8520 1713
A4	St James Health Centre	47 St. James's Street E17 7NH
A4	Superdrug Stores Plc	36-44 High Street E17 7LD, 020 8520 2748
B2	Afro Caribbean Elders Association	William Morris Community Centre, 8 Greenleaf Road E17 6QQ
B2	Forest Dispensing Chemist	615 Forest Road E17 4PP, 020 8527 2185
B3	Boots The Chemists Ltd	Selborne Walk E17 7JR, 020 8520 7017
B3	Citizens Advice Bureau	167 Hoe Street E17 3AL
B3	D P Mark Chemist	220-222 High Street E17 7JH, 020 8520 2684
B3	HIV Counselling Service	56-60 St. Mary Road E17 9RE
B3	Superdrug Stores Plc	6 Selborne Walk E17 7JR, 020 8520 5350
B4	Doctors Surgery	48 Queens Road E17 8PX, 020 8520 2625
B4	Keycircle Pharmacy Ltd	50 Queens Road E17 8PX, 020 8520 2012
C2	Child & Family Consultation Service	Shermhall Street E17 3EA
C2	Community Drugs & Alcohol Team	Thorpe Coombe Hospital, 714 Forest Road E17 3HP
C2	Hurst Road Health Centre	Health Centre & Clinic, 36a Hurst Road E17 3BL
C2	Thorpe Coombe Children's Centre	Thorpe Coombe Hospital, 714 Forest Road E17 3HP
C3	Comely Bank Clinic	46 Ravenswood Road E17 9LY
C3	Dr Cooney & Partner	46 Ravenswood Road E17 9LY, 020 8430 7171
C4	Doctors Surgery	103-105 Grove Road E17 9BU, 020 8521 2221
C4	East London Out Project	56-60 Grove Road E17 9BN
C4	Grove Pharmacy	73 Grove Road E17 9BU, 020 8521 6436
C4	Lesbian & Gay Centre (East London)	56-60 Grove Road E17 9BN
C4	One N E 1	Beulah Road E17 9LG
D1	Doctors Surgery	2 Macdonald Road E17 4BA, 0844 477 8725
D1	Doctors Surgery	117 Fulbourne Road E17 4HA, 020 8527 6373
D1	Triplecare Chemist Ltd	8 Macdonald Road E17 4AZ, 020 8531 3350
D1	Victory Outreach	11 Walthamstow Business Centre, Clifford Road E17 4SX
D2	ABC Pharmacy	121 Wood Street E17 3LL, 020 8520 3638
D2	Doctors Surgery	39 Wood Street E17 3JX, 020 8503 6111
D2	National Co-Operative Chemists Ltd	147 Wood Street E17 3LX, 020 8520 3055
D2	Pharmachem	85 Wood Street E17 3JX, 020 8520 3638
D2	Rons	119 Wood Street E17 3LL, 020 8520 3464
D2	The Special Childrens Service	6 Linford Road E17 3LA
D2	Wood Street Health Centre	6 Linford Road E17 3LA, 020 8430 7750
D3	The Surgery	107 Shermhall Street E17 9HS, 020 8520 5138
D4	Day Lewis Pharmacy	881 Lea Bridge Road E17 9DS, 020 8520 2844
D4	Doctors Surgery	Algoa, Lea Bridge Road, Warwick Terrace, E17 9DP 020 8539 7895

D4	Doctors Surgery	Warwick Terrace, Lea Bridge Road E17 9DP 020 8539 2077
D4	Leyton Green Pharmacy	768 Lea Bridge Road E17 9DN, 020 8539 5984
E2	Peterhouse Surgery	Peterhouse, 122 Forest Rise E17 3PW 020 8521 4743
E4	Clinic or Health Centre	Whipps Cross Hospital, Whipps Cross Road E11 1NR
E4	Community Midwifery Service	Whipps Cross Hospital, Whipps Cross Road E11 1NR
E4	Department of Sexual Health	Whipps Cross Hospital, Whipps Cross Road E11 1NR
E4	Nutrition & Diet Service	Whipps Cross Hospital, Whipps Cross Road E11 1NR
E4	Tomswood Rehabilitation Unit	Whipps Cross Hospital, Whipps Cross Road E11 1NR
A0	Art	
A0	3d Dream: T/A Word Of Mouth	5 Rushbrook Crescent E17 5BZ, 020 8531 7376
A1	Word Of Mouth Storytellers	5 Rushbrook Crescent E17 5BZ, 020 8531 7376
A2	Casquelourd Dia Bakongo	254 Fleeming Road E17 5EU, 020 8531 5191
B2	Theatreuddha	47 Bernsted Road E17 5JY, 020 8928 1169
B2	Ape Magazine	30 Bromley Road E17 4PS, 020 8523 5295
B2	Apocryphal Theatre	10 Kenilworth Avenue E17 4PE, 07952 219 822
B2	Asian Literary Circle 'Halqa E Arab E A Central Arts Trust	13D Hoe St E17 4SD, 020 8520 7742
B2	Masquerade 2000	Waltham Forest Arts Council, William Morris Gallery Forest Road E17 4PP, 020 8527 8702
B2	Now Arts & Leisure Thematic Group	C/O 29 Kenilworth Avenue E17 4PD, 020 8556 0876
B2	Pakistan Women's Welfare Association	Makhtub House, 29 Greenleaf Road E17 6QQ 020 8925 9309
B2	Poetry And Jazz	William Morris Community Centre, 8 Greenleaf Road E17 6QQ, 020 8503 7671
B2	Poetry School	C/O 1A Jewel Road E17 4QU, 020 8223 0401
B2	The Fingersmiths	1A Jaywood Road E17 4QU, 020 8223 0401
B2	The London Community Gospel Choir	55 Gaywood Road E17 4QA, 07987 190 321
B2	William Morris Gallery	75 Brookdale Road E17 6QH, 020 8509 7288
B3	1000 Faces Of Walthamstow	Lloyd Park, Forest Road E17 4PP, 020 8527 3782
B3	Blaze The Trail Limited	56 Cleveland Park Crescent E17 7BT, 020 8509 3353
B3	Continental Drifts	241 High Street E17 7BH, 020 8520 4569
B3	Festival Of The Unknown Ltd	8 Hatherley Mews E17 4QP, 020 8509 3353
B3	Foundation Arts	Volcano Fes Hillongrove Business Centre Hatherley Mews E17 4QP
B3	Global Impact	14 Cleveland Park Avenue E17 7BS, 0208 521 8606
B3	Kut & Payste Media	Flat 5 West Court Church Hill E17 9SG 020 8520 4181
B3	Red Onion Productions Ltd	26-28 Hatherley Mews E17 4QP, 020 8520 5933
B3	Waltham Forest Arts In Education	The Hilton Grove Business Centre, 25 Hatherley Mews E17 4QP, 020 8520 3975
B3	Walthamstow Festival Suite	Network Education Centre, 8 Eastfield Road E17 3BA, 020 8521 3311
C3	Amir Khuroso Society	101 Hillongrove Business Centre, 12-15 Hatherley Mews E17 4QP, 07973 767 337
C4	The Wire Theatre Company	43 Ravenswood Road E17 9LY, 020 8521 4123
D2	Motiv Productions	40 Salisbury Road E17 9JW, 020 8521 3715
D3	Unclassified Arts	67 Havant Road E17 3JE, 020 8925 2738
D4	African National Cultural Association	221A Wood Street E17 3NT, 020 8445 2440
E2	North East London Independent Arts	Flat 104 St. Georges Court, 287 Wood Street E17 3NL, 020 8520 5344
E3	Osmosis	15 Upper Walthamstow Road E17 3QG
E3	Phase Music	9 Oakhurst Court, Woodford New Road E17 3PT 020 8521 0310
		22 St Peters Avenue E17 3PU, 0208 521 9836



Environment

A1	Higham Hill Common	Green Pond Road E17
C1	Chestnuts Farm	Forest Road E17
D0	Hale End Road	Hale End Road E17
E1	Forest Road	Forest Road E17



Food

A3	Walthamstow Farmers' Market	High Street
A3	Walthamstow High Street Market	High Street



Physical activity and social clubs

A4	Embassy Snooker & Social Club	2-4 High Street E17 7LD, 020 8520 2414
B2	13 Plus Youth Service	6-8 Greenleaf Rd E17 6QQ, 020 8521 5524
B3	Carville Day Nursery	43A West Avenue Road E17 9SF, 020 8521 7612
B4	Trinity Walthamstow U R C Church	58 Orford Road E17 9QL, 020 8520 5184
C0	Peter May Sports Centre	E17 4HR, www.gli.org
C0	The Health Club (Walthamstow)	E17 4HR, www.gli.org
C2	Forest YMCA	642 Forest Road E17 3EF, 020 8509 4600
C3	Asian Centre	18A Orford Road E17 9LN, 020 8223 0707
D2	St Gabriel's Family Centre	Havant Road E17 3JF, 020 8503 7505



Schools

A0	Roger Ascham Primary School	Wigton Road E17 5HU
A0	Walthamstow Academy	Billet Road E17 5DP
A1	The Winns Primary School	Fleeming Road E17 5ET
A2	Greenleaf Primary School	Greenleaf Road E17 6QW
A3	Mission Grove Primary School	Buxton Road E17 7EJ
B0	Aveling Park School	Aveling Park Road E17 4NR
B0	Walthamstow Montessori School	Penrynn Hall E17 5DA
B4	Edinburgh Primary School	Edinburgh Road E17 7QB
C0	Chapel End Infants' School	Brookcroft Road E17 4LH
C0	Chapel End Junior School	Roberts Road E17 4LS
C1	Sir George Monoux College	Chingford Road E17 5AA
C2	The Holy Family Catholic College	1 Shermhall Street E17 3EA
C2	Waltham Forest College	Forest Road E17 4JB
C3	Church Hill Nursery	Woodbury Road E17 9SB
C3	New School	30-34 Shermhall Street E17 9RT
C3	St Mary's Walthamstow CoE	The Drive E17 3BN
C3	Voluntary Aided Primary School	
C3	Walthamstow School for Girls	Church Hill E17 9RZ
C4	Henry Maynard Junior School	Addison Road E17 9LT
D0	Thorpe Hall Primary School	Hale End Road E17 4DP
D1	Whitefield Schools and Centre	Macdonald Road E17 4AZ
D2	Woodside School	Wood Street E17 3JX
D4	Henry Maynard Infants' School	Maynard Road E17 9JE
E1	Hyland House School	896 Forest Road E17 4AE
E3	Forest School	College Place E17 3PY



A

B

C

D

E

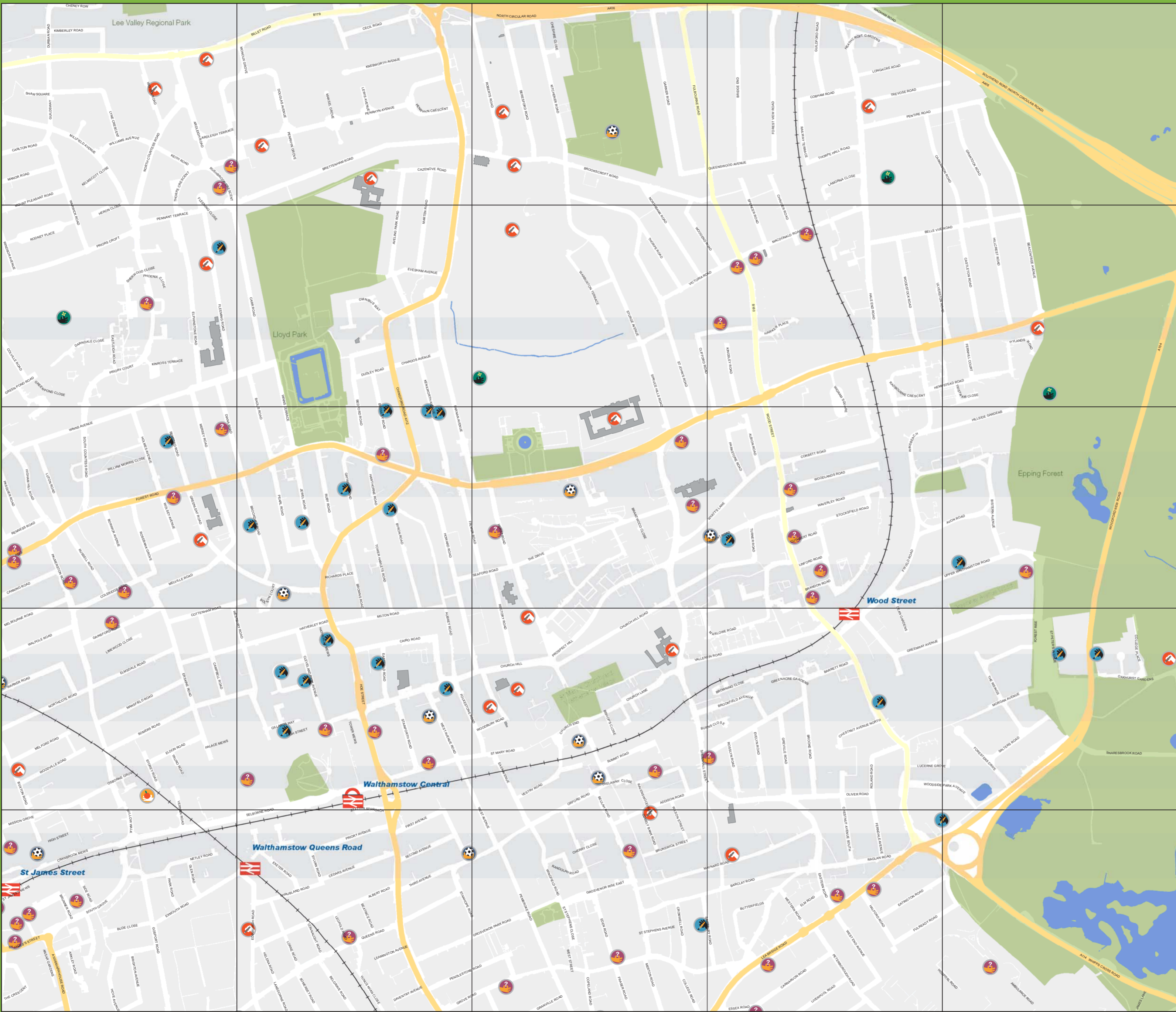
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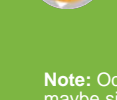
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This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: alm-london@groundwork.org.uk

Key

-  Physical activity and social clubs
-  Health advice and information
-  Art
-  Environment
-  Schools
-  Food

Note: Occasionally two or more items may be situated in the same location, where this occurs you will only see one symbol on the map

Active Living Map