



Well London

www.london.gov.uk/welllondon

Well London is funded by the Big Lottery Fund. The aim is to work with local people to improve the health and wellbeing of Londoners in 20 neighbourhoods.

Well London is a partnership between seven organisations. Together they form the Well London Alliance.

- ✿ London Health Commission
- ✿ Central YMCA
- ✿ Groundwork London
- ✿ London Sustainability Exchange
- ✿ University of East London
- ✿ Arts Council England, London
- ✿ South London and Maudsley NHS Trust



Well London is all about feeling and being well, in mind and body. There are many aspects of our lives that influence how well we feel, that's why Well London focuses on the following themes:

- ✿ Healthy eating
- ✿ Physical activity
- ✿ Arts & culture
- ✿ Open spaces
- ✿ Mental wellbeing

There's a range of unique Well London events and activities taking place in your area, now and in the future. Just some of the activities taking place across London include: gardening and food growing, community feasts, sports sessions, and dance and art projects. All of the Well London activities are free and everyone is welcome.

There are also opportunities for local people to access free training and to volunteer. It's all about getting out, meeting people and having a good time.

For more information about what is happening in your area contact:

Gayle Burgess London Sustainability Exchange (LSx)
020 7234 9400
g.burgess@lsx.org.uk

Or visit: www.london.gov.uk/welllondon



www.activelivingmap.org.uk

Active living

Upper Edmonton
Enfield

Grid ref.	Organisation	Contact details
Key		
Health advice and information		
A1	Doctors Surgery	1 Morecambe Terrace, Great Cambridge Road N18 1LA, 020 8803 0020
A1	Rocky's Pharmacy	14 Kendal Parade, Silver Street N18 1ND 020 8807 5946
A3	Beauty-Chem Chemist	11 Great Cambridge Road N17 7LH, 020 8808 4015
A4	Approach Counselling & Psychotherapy	35 Marshall Road N17 7AR
A4	Doctors Surgery	Waltheof Gardens N17 7EB, 020 8801 1277
A4	Haringey Healthcare Trust	1a Waltheof Gardens N17 7EA
A4	Porter Pharmacy	50 Great Cambridge Road N17 7BU, 020 8808 7031
B1	Green Cedars Surgery	93 Silver Street N18 1RP, 0844 844 0272
B1	Scott's Pharmacy	97 Silver Street N18 1RP, 020 8884 3134
B2	A&E North Middlesex Hospital	Stirling Way N18 1QX, 020 8887 2398
B2	Clinic or Health Centre	North Middlesex Hospital, Sterling Way N18 1QX
B2	Walk in Centre	North Middlesex Hospital, Sterling Way N18 1QX
B3	Somerset Gardens Family H/C - Group Practice	4 Creighton Road N17 8NW, 0844 477 8711
C1	Bees Dispensing Chemist	172 Fore Street N18 2JB, 020 8807 3228
C1	Doctors Surgery	Dover House 28 Bolton Road N18 1HR 020 8807 5964
C1	Dover House Surgery	28 Bolton Road N18 1HR, 020 8807 1888
C1	Enfield Assertive Outreach Team - Tulip Unit	185 Angel Place, Fore Street N18 2UD
C1	Greencross (London) Ltd	213 Fore Street N18 2TZ, 020 8807 7282
C1	Lloyds Pharmacy	261 Fore Street N18 2TY, 020 8807 2670
C1	Mind in Enfield	275 Fore Street N9 0PD, 020 8887 1480
C2	Estons Pharmacy	76a Fore Street N18 2SL, 020 8807 1467
C2	Fore Street Clinic	92 Fore Street N18 2XA
C2	Fore Street Library	109-111 Fore Street N18 2XF, 020 8379 1717 fore.street.library@enfield.gov.uk
C2	Ingleton Road Surgery	112 Ingleton Road N18 2RT, 020 8803 3507
C2	Superdrug Stores Plc	96-102 Fore Street N18 2XA, 020 8803 6673
C2	The Surgery	112 Ingleton Road N18 2RT, 020 8803 3507
C3	Boundary Court Surgery	1 Boundary Court, Snells Park N18 2TB 0844 815 1364
C3	Doctors Surgery	High Rd N17 8AH, 020 8808 9891
C3	Doctors Surgery	Boundary Court Snells Park N18 2TB, 0844 815 1364
C3	Dr. Jayarajah & Partner	759 High Road N17 8AH, 020 8808 9891
C3	Napclan Chemist	65a White Hart Lane N17 8HH, 020 8885 5095
C3	Napclan Pharmacy	804 High Road N17 0DH, 020 8808 1974
C3	Shan Chemist	Unit 3 867-869 High Road N17 8EY, 020 8801 4857
C4	Step Ahead	Flat 14 Coombes House Bromley Road N17 0AW
D1	Angel Surgery	36 Raynham Road N18 2JF, 020 8887 7555
D1	Doctors Surgery	29 Folkestone Road N18 2ER, 020 8887 8317
D1	The Edmonton Medical Centre	234 Fore Street N18 2LW, 020 8803 6705
D4	Grace Pharmacy	165-167 Park Lane N17 0HJ, 020 8808 4133
D4	Park Lane Medical Practice	108 Park Lane N17 0JP, 020 8808 1868
D4	The Surgery	1A St. Pauls Road N17 0NJ, 020 8801 2914
Art		
A2	Worship And Wake Up Ministries	111 Whitehead Close N18 1UZ, 07903 061 127
B1	Chameleon Arts	Millfield Arts Centre, Millfield House, Silver Street N18 1PJ, 020 8884 4949
B1	Dazu	33 Sheldon Road N18 1RQ, 020 8360 9521
B1	Millfield House	Silver Street N18 1PJ, 020 8803 5283
B1	Pemart	C/O A. Kazandjian, 7 Oakfield Gardens N18 1PR
C2	Ad 2000 Productions	10 Wadham House, College Close N18 2XT 020 8803 1409
C2	Gallery Fore	105-107 Fore Street N18 2XF, 020 8350 6653

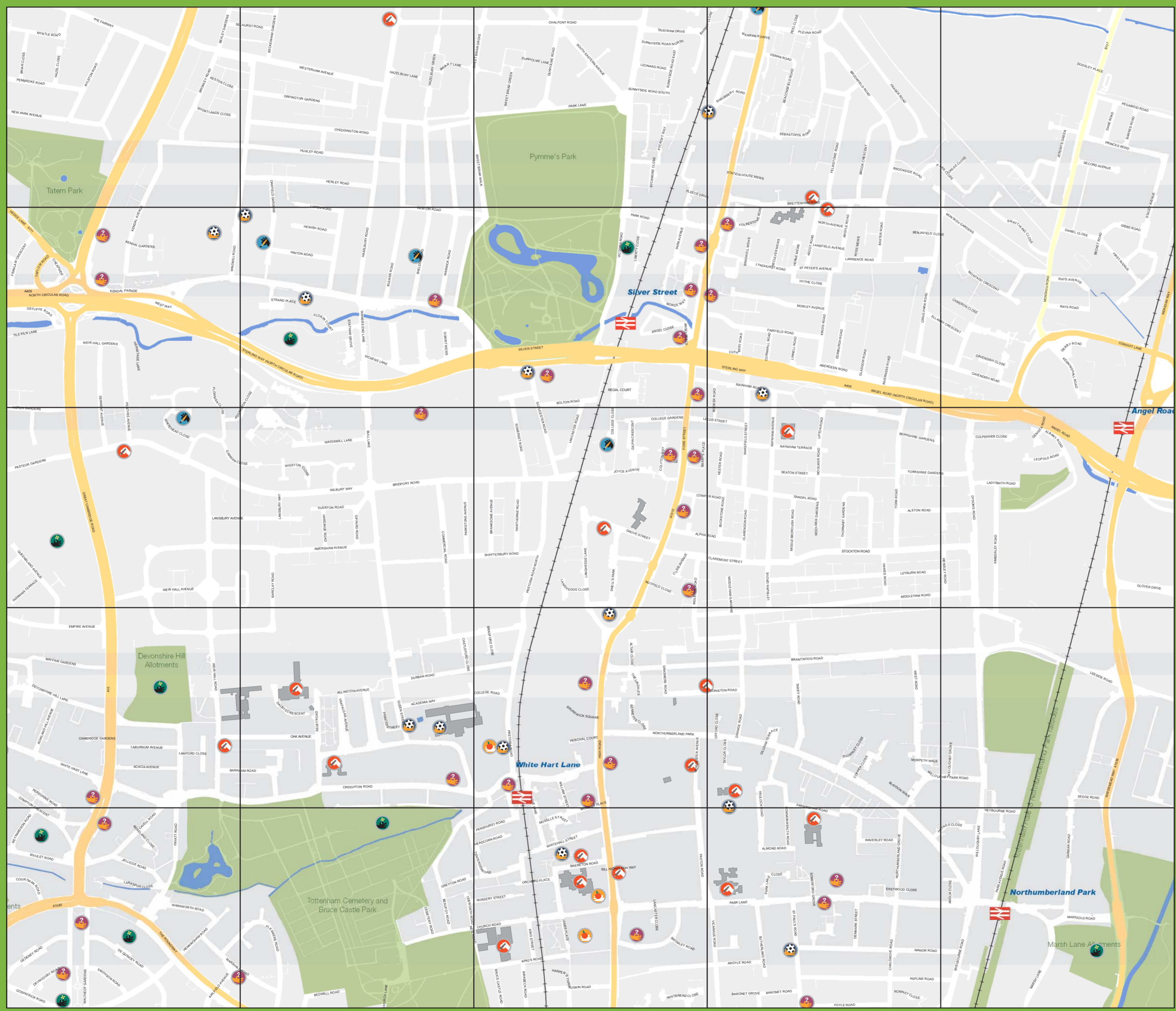
D0	ADANTA	353C Fore Street N9 0NR, 020 8933 3670 admin@adantadance.co.uk
D0	Enfield Racial Equality Council	Community House, 311 Fore Street N9 0PZ 020 8373 6271
D0	One-To-One (Enfield)	Community House, 311 Fore Street N9 0PZ 020 8373 6241
Environment		
A2	Weir Hall Allotments	Great Cambridge Road N18
A3	Rectory Farm	
A4	De Quincey Road Allotments	
A4	Gospatrick Road Allotments	
A4	Rivulet Road Allotments	
B1	Tanners Hall Allotments	Statham Grove N18
B4	Creighton Road Allotments	
C1	Pymmes Park Allotments	Victoria Road N18 2UG, parkbusinessunit@enfield.gov.uk
E4	Marsh Lane	
Physical activity and social clubs		
A1	Aylward School	N18 1NB, enquiries@aylward.enfield.sch.uk
B1	Ladies Thursday Club	Millfield House Arts Centre N18 1PJ
B1	St Aldhelms Church Hall	Windmill Rd N18 1PA, 020 8807 6559
B3	Community Hall Hire	Trafalgar Christian Centre, Queen Street N17 8HT 020 8123 2860
B3	Middlesex University	N17 8HR, www.mdx.ac.uk/sport/facilities
C1	Access Community Services	106 Sterling Way N18 1QU, 020 8345 5119
C3	Haringey Irish Cultural & Community Centre	The Irish Centre, Pretoria Road N17 8DX 020 8885 3490
C3	Snells Park Tenants Association	Boundary Court N18 2TB, 020 8807 3450
C3	TTC (Table tennis club)	Boundary Hall, Snells Park N18 2TB, 01634 868 717
C4	Whitehall & Tenterden Community Centre	100 Whitehall Street N17 8BP, 020 8808 0728
D0	Age Concern	311 Fore Street N9 0PZ, 020 8373 6315
D0	Enfield Community Empowerment Network	Community House, 311 Fore Street N9 0PZ 020 8373 6265, ecen@ecen.org.uk www.ecen.org.uk
D1	Angel Community Centre	Raynham Road N18 2JF, 020 8807 4511
D1	Play and Support Project ETAPP	Angel Community Centre N18 2JF, 07946 344 694
D3	Northumberland Park Community School	N17 0PG
D3	Northumberland Park Sports Centre	N17 0PG
D4	Care Aspirations	71 St. Pauls Rd N17 0ND, 020 8365 0044
Schools		
A1	The Gladys Aylward School	Windmill Road N18 1NB
A2	Wilbury Primary School	Wilbury Way N18 1DE
A3	Devonshire Hill Primary School	Weir Hall Road N17 8LB
B0	Hazelbury Infant School	Haselbury Road N9 9TT
B0	Hazelbury Junior School	Haselbury Road N9 9TT
B3	Excel Preparatory School	The Annex, Selby Centre N17 8JL
B3	Excelsior College	Selby Centre N17 8JN
B3	Haringey Sixth Form Centre	White Hart Lane N17 8HR
C2	St John and St James CoE Primary School	Grove Street N18 2TL
C3	St Paul's and All Hallows CoE Junior School	Worcester Avenue N17 0TU
C3	Sunrise Primary School	55 Coniston Road N17 0EX
C4	Lancasterian Primary School	King's Road N17 8NN

C4	St Francis de Sales RC Infant School	Brereton Road N17 8DA
C4	St Francis de Sales RC Junior School	Church Road N17 8AZ
C4	Tottenham Hotspur FC Study Support Centre	74 Bill Nicholson Way N17 0AP
D0	Fleecefield Primary School	Brettenham Road N18 2ES
D1	Brettenham Primary School	Brettenham Road N18 2ET
D2	Raynham Primary School	Raynham Avenue N18 2JQ
D3	Northumberland Park Community School	Trulock Road N17 0PG
D3	Vale Resource Base c o Northumberland Park Community School	Trulock Road N17 0PG
D4	Lea Valley Primary School	Somerford Grove N17 0PT
D4	St Paul's and All Hallows CoE Infant School	Park Lane N17 0HH



A B C D E







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4



This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: alm-london@groundwork.org.uk

Key

-  Physical activity and social clubs
-  Health advice and information
-  Art
-  Environment
-  Schools
-  Food

Note: Occasionally two or more items may be situated in the same location, where this occurs you will only see one symbol on the map

Active Living Map