



# Well London

[www.london.gov.uk/welllondon](http://www.london.gov.uk/welllondon)

Well London is funded by the Big Lottery Fund. The aim is to work with local people to improve the health and wellbeing of Londoners in 20 neighbourhoods.

Well London is a partnership between seven organisations. Together they form the Well London Alliance.

- London Health Commission
- Central YMCA
- Groundwork London
- London Sustainability Exchange
- University of East London
- Arts Council England, London
- South London and Maudsley NHS Trust



Well London is all about feeling and being well, in mind and body. There are many aspects of our lives that influence how well we feel, that's why Well London focuses on the following themes:

- Healthy eating
- Physical activity
- Arts & culture
- Open spaces
- Mental wellbeing

There's a range of unique Well London events and activities taking place in your area, now and in the future. Just some of the activities taking place across London include: gardening and food growing, community feasts, sports sessions, and dance and art projects. All of the Well London activities are free and everyone is welcome.

There are also opportunities for local people to access free training and to volunteer. It's all about getting out, meeting people and having a good time.

For more information about what is happening in your area contact:

Lavonne McCormack      Acton Community Forum  
020 8993 6158  
lavonne\_acf@yahoo.co.uk

Nicola Durrant      Groundwork London  
020 8762 0323  
nicola.durrant@groundwork.org.uk

Or visit: [www.london.gov.uk/welllondon](http://www.london.gov.uk/welllondon)



[www.activelivingmap.org.uk](http://www.activelivingmap.org.uk)

# Active living

**South Acton**  
Ealing

## Key

### Health advice and information

C0	Hillcrest Surgery	337 Uxbridge Road W3 9RA, 020 8896 0668 <a href="http://www.hillcrestsurgey.nhs.uk">www.hillcrestsurgey.nhs.uk</a>
C1	Crown Street Surgery	1-23 Crown Street W3 8SA, 020 8992 2010 <a href="http://www.crownstreetsurgery.nhs.uk">www.crownstreetsurgery.nhs.uk</a>
C1	Mill Hill Doctors Surgery	111 Avenue Road W3 8QH, 020 8992 9955 <a href="http://www.millhillsurgery.nhs.uk">www.millhillsurgery.nhs.uk</a>
C2	Acton Town Dental Practice	15 Hanbury Road W3 8RF, 020 8896 2224
D1	Acton Health Centre	35-61 Church Road W3 8QE, 020 8383 8700

### Art

A1	Nmso	Flat 4, 11 Gunnersbury Avenue W5 3NJ 020 8993 3135
B0	4wall Limited	22 Whitehall Gardens W3 9RD, 07855 426 025
B0	Spiel Theatre	34 Birch Grove W3 9SS, 020 8993 0290
B1	Isleworth Baroque	42 Tring Avenue W5 3QB, 020 8992 3171
B2	Gunnersbury Park Museum	Popes Lane W3 8LQ, 020 8992 1612 gp-museum@cip.org.uk
C0	Acton Market events	King Street W3 9NW, 020 8993 9605
C0	CAPE	239A/B Acton High Street W3 9BY, 020 8896 2552 cape.cafe@btconnect.com
C1	Centre for Armenian Information and Advice	105a Mill Hill Road W3 8JF, 020 8992 4621
C1	Poetic Engineering	154 Avenue Road W3 8QG, 020 7607 2789 x206
C1	S A R A G	100 Bollo Bridge Road W3 8QA, 020 8992 5462
C2	Misty Carnival Club	129 Carroll Court Osborne Road W3 8SS 020 8993 4055
C2	South Acton Skills & Arts Collaborative (SASAC)	1st Floor Webb Court, Bollo Lane W3 8QZ 020 8992 2817
D0	Okey Dokey Theatrical Production	15 Chaucer Road W3 6DR, 020 8752 1845
D0	Walker Dance Park Music	9 Cowper Road W3 6PZ, 020 7684 1334
D1	Acton Library	Acton High Street W3 6NA, 020 8752 0999 actlib@ealing.gov.uk
D1	Decendants Priory Community Centre	Petersfield Road W3 8NY, 020 8993 4836
D1	Jiving Lindy Hoppers	35 Newton Avenue W3 8AR, 020 8992 8128
D1	Priory Community Centre	Acton Lane W3 8NY
D1	West London Trade Union Theatre Club	33-35 High Street W3 6ND, 020 8992 4557 wltuc@wltuc.org.uk
D2	Acton Carnival	112-114 Hardy Court Bollo Bridge Road W3 8DD 020 8993 6158 info@actoncarnival.org.uk
D2	Acton Community Forum	112-114 Hardy Court Bollo Bridge Road W3 8DD 020 8993 6158
D2	Bollo Bridge Road Shop	110 Hardy Court Bollo Bridge Road W3 8DD
D2	Burns Jones Education	48 Beaumont Road W4 5AP, 020 8742 8044
D2	Haforkom Associates Ltd	119 Fletcher Road W4 5AU, 020 8987 8558
D2	Theatre Studio West	12 Clovelly Road W4 5DS, 020 8994 8751
D3	Onyx Brass	17 Wolsley Road W4 5EG, 020 8354 0770
D3	Performing Cures Limited	51 Chiswick Green Studios, 1 Evershed Walk W4 5BW, 020 8995 0029
D4	CIP Ltd	Chiswick Town Hall Heathfield Terrace W4 4JN 0845 456 2989
D4	London Workshop Company	Chiswick Town Hall, 10 Heathfield Terrace W4 4JE 020 8996 9085
D4	Punjabi Kalamunch	C/O The Saefr Project, CIP, Room 22 Chiswick Town Hall, Heathfield Terrace W4 4JN, 020 8748 3101
D4	Redlees Arts And Crafts Stables	C/O Chiswick Town Hall, Heathfield Terrace W4 4JN
E1	Asian Music Circuit	Ground Floor, Unit E, Westpoint, 33-34 Warple Way W3 0RG, 020 8742 9911
E1	Drumtech	76 Stanley Gardens W3 7SZ, 020 8749 3131
E1	Groundwork London	6 Stanley Gardens W3 7SZ, 020 8762 0337/020
E1	London Chamber Music Society	55 Beardley Way W3 7YQ

E1	Yes!! Brazil Productions Ltd	Hanovia House, 28-29 Eastman Road W3 7YG 020 8995 2593
E4	Ickenox Ltd (T/A Ickenox Fine Art)	The Barley Mow, 10 Barley Mow Passage W4 4PH 020 8400 6111
E4	Inspired Youth Arts Ltd	179C Chiswick High Road W4 2DR, 020 8742 8346
E4	Realtime Arts	4A Devonshire Road W4 2HD, 020 8987 9332
<b>Environment</b>		
B1	Carbury Avenue Allotments	Gunnersbury Avenue
B3	Manor Gardens	
C2	Jerome Allotments	Osborne Road
D2	South Acton Allotments	Palmerston Road
E0	Private Allotment Site	
<b>Food</b>		
C0	Acton Market	King Street
C0	Morrison's	King Street W3 9LA, 020 8993 6566 <a href="http://www.morrisons.co.uk">www.morrisons.co.uk</a>
C1	Acton Market	The Mount Kings Street W3 9DH, 020 8993 9605
C1	Kids Cookery School	107 Gunnersbury Lane W3 8HQ, 020 8992 8882 info@thekidscookeryschool.co.uk <a href="http://www.thekidscookeryschool.co.uk">www.thekidscookeryschool.co.uk</a>
C2	United Anglo Caribbean	23 Hanbury Road W3 8RF, 020 8993 3306
E4	Chiswick High Street Market	Chiswick High Road
<b>Physical activity and social clubs</b>		
A3	South Acton FC	TW8 9QT
B1	Reynolds Sports Centre	Acton High School Gunnersbury Lane W3 8EY 020 8993 5955, ReynoldsSC@ealing.gov.uk
C0	St Mary's Hall	Acton High Street W3 9NW, 020 8993 0422
C0	Twyford Sports Centre	Twyford Church Of England High School W3 9PP twyfordsc@ealing.gov.uk <a href="http://www.ealing.gov.uk/sports">www.ealing.gov.uk/sports</a>
C1	Acton Acton Ltd	16-18 Crown Street W3 8SB, 020 8993 9605
C1	Oaktree Community Centre	Osbourne Road W3 8TY, 020 8993 6308 gwen.watkins@btconnect.com
C2	Multi use games area (MUGA)	Bollo Bridge Road W3 8QT
C2	Stirling Road Day Centre	Stirling Road W3 8DJ, 020 8993 6283
C2	Sunlight Community Nursery & Children's Resource Centre	5-11 Hanbury Road W3 8RF, 020 8896 3809
C2	United Anglo Caribbean Society	23 Hanbury Road W3 8RF, 020 8993 3306
C4	Chiswick Lunch Club	Oxford Road North W4 4DN, 020 8994 0887
C4	Dormition Church Hall	57 Harward Road W4 4ED, 07974 568 095
D1	Acton Homeless Concern	1 Berrymead Gardens W3 8AA, 020 8992 5768
D1	Acton Swimming Baths	Salisbury Street W3 8NW, 020 8992 8877 keely.shelton@gll.org
D1	Fitness First	The Oaks Shopping Centre High Street W3 6RE 020 8993 0364
D1	Priory Community Centre	Petersfield Road W3 8NY, 020 8993 1237
D2	Bollo United Football Club	112 - 114 Hardy Court W3 8DD
D2	Bollo Youth Centre (BYC)	Bollo Bridge Road W3 8TJ
D2	South Acton Working Men's Club	59 Strafford Road W3 8TJ, 020 8993 2940
D4	Heathfield Terrace W4 4JN	Heathfield Terrace W4 4JN, 0845 456 2828
E0	Acton Play Projects & Leisure Events (A.P.P.L.E)	East Acton Lane W3 7EW, 020 8743 6133 vicki_appleplay@btconnect.co.m <a href="http://www.apple-play.com">www.apple-play.com</a>
E4	Chiswick Day Care Centre for Older People	Bridge Street W4 5UF, 020 8995 6664



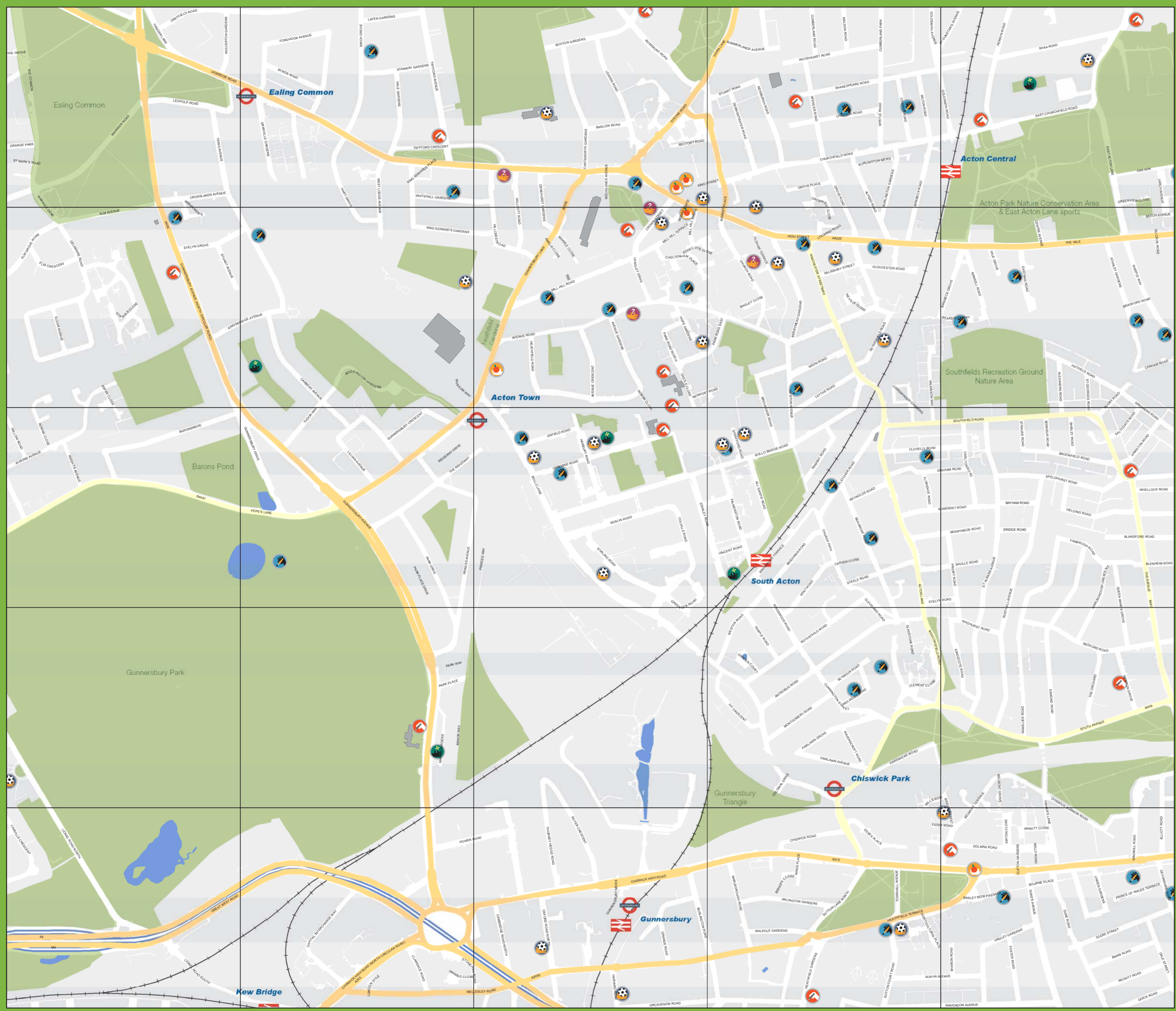
### Schools

A1	The Falcons School for Girls	15 Gunnersbury Avenue W5 3XD
A3	Lionel Primary School	Lionel Road North TW8 9QT
B0	Twyford Church of England High School	Twyford Crescent W3 9PP
B1	Acton High School	Gunnersbury Lane W3 8EY, 0203 110 2400
B3	International School of London	139 Gunnersbury Avenue W3 8LG
C0	Greek Primary School of London	3 Pierpoint Road W3 9JR
C0	Saint Vincent Roman Catholic Primary School	1 Pierpoint Road W3 9JR
C1	Berrymede Infant School	Castle Close W3 8RN
C1	Leap Service - The National Autistics Society	Woodlands Building W3 8RR
C1	South Acton Children's Centre	Park Road North W3 8RX
C2	Berrymede Junior School	Osborne Road W3 8SJ
D0	Derwentwater Primary School	Shakespeare Road W3 6SA
D4	Heathfield House School	Turnham Green Church W4 4JU
E0	East Acton Primary School	Park Road North W3 7HA
E0	Maples Children's Centre	East Churchfield Road W3 7LL
E2	Southfield Primary School	Southfield Road W4 1BD
E3	Orchard House School	16 Newton Grove W4 1LB
E4	Belmont Primary School	Belmont Road W4 5UL



A B C D E







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4



This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: [alm-london@groundwork.org.uk](mailto:alm-london@groundwork.org.uk)

### Key

-  Physical activity and social clubs
-  Health advice and information
-  Art
-  Environment
-  Schools
-  Food

Note: Occasionally two or more items may be situated in the same location, where this occurs you will only see one symbol on the map

# Active Living Map