

Well London MWIA Evaluation Survey



South London and Maudsley 
NHS Trust



What was the aim of the Evaluation?

94 people have been trained in MWIA across 19 boroughs as part of the Well London initiative. Some were trained as early as 2008 and others more recently in 2009.

The aim of the evaluation was to gain an insight into whether or not these trainees have continued to use MWIA and whether or not they feel MWIA has been a useful tool that they would recommend to others.

We also hoped to gain an insight into the type of MWIAs that have been completed and the impact they have had / are having on projects and services across London.



What questions were asked?

- 1) When did you undertake your MWIA training?
- 2) What was the focus/subject of your MWIA?
- 3) Did you produce a report and recommendations?
- 4) Did anything change for the project or service as a result of the report/recommendations you produced?
- 5) If yes can you give examples
- 6) Did you develop indicators?
- 7) If yes, has data been collected on these indicators?
- 8) Are you able to share the indicators and or the data with us?
- 9) Have you completed subsequent MWIAs? If so, how many and what were these on?
- 10) Who have you worked with when completing the assessments? E.g. local authority,
- 11) Are you happy / able to share the recommendations and indicators from these MWIA's?
- 12) Are there any obstacles to you completing further MWIAs?
- 13) Have you felt confident applying the toolkit?
- 14) We make as many reports as possible available on the web, would you be happy for your report to be put up on the HIA gateway website?
- 15) On a scale of 1 - 5 with 0 being not at all useful and 5 being extremely useful how useful has MWIA been to your work?
- 16) Would you recommend MWIA to others?
- 17) Is there anything else you would like to tell us?

Who participated?

We have retained the contact details of 78 of those trained.

Of these 78, **31%** participated in the survey, **15%** opted not to take part or we were unable to contact them as we had either no or incorrect mobile/telephone details and **8%** had left their jobs since being trained.

The other 46% were unavailable at the time of survey completion.

The 31% who participated equated to **24** respondents.

Of these 24 respondents, **5** were from PCTs; **3** from London Borough Councils; **3** from the Arts; and **7** from the Voluntary/Charity Sector. There were others from Housing Trusts; Mental Health Organisations, Children's Centres and 1 was a Business Consultant.



Key Findings Outlined:

A wide variety of MWIAs were completed on projects, policies and programmes across the London Boroughs. For example MWIAs were completed on the following:

- A Regeneration Housing Project
- A Timebank
- An Elder Voice Choir
- A Leisure Centre
- A Cook, Grow & Eat Project
- A Children & Family Art Service
- A Mental Health Drop-in Centre
- A Gardening Project
- A Caribbean Carers Group
- Exercise Classes
- An Older Persons Social Club

AND MANY MORE



Key Findings Outlined:

Q4) Were changes made to the project/policy/programme as a result of the MWIA report and recommendations?

42% of respondents said that changes were made. They reported positive changes such as further funding for the project; the project being extended to other areas and further consultation with key stakeholders.

Q9) Have you gone on to complete further MWIAs?

33% had gone on to complete further MWIAs.

These included MWIAs on the following: Big Chair Dance Project; A Health Drop-in at a Children's Centre; Hounslow Hub Garden; Lewisham Cultural Strategy; A Gardening Project; and Windrush Square Regeneration Project.



Key Findings Outlined:

Q12) Are there any obstacles to you completing further MWIAs?

67% of respondents said that there were obstacles to them completing further MWIAs.

46% said that the level of time commitment to complete an MWIA was an obstacle to them completing further assessments.

17% said that a lack of ongoing support was an obstacle.

4% said that the language used within the toolkit was an obstacle.

Q13) Have you felt confident applying the toolkit?

58% of respondents felt reasonably to very confident applying the toolkit.

8% did not feel confident applying the toolkit.

21% requested an update/refresher on MWIA.



Key Findings Outlined:

Q15) On a scale of 1 - 5 with 0 being not at all useful and 5 being extremely useful how useful has MWIA been to your work?

1 respondent gave a 0 rating, another gave a rating of 1 and another a rating of 2 – 12.5% did not feel that MWIA was useful to their work.

8 respondents gave a 3 rating – 33%
10 respondents gave a 4 rating – 42%
3 respondents gave a 5 rating – 12.5%

87.5% of respondents gave positive ratings.

Q16) Would you recommend MWIA to others?

20 respondents said that they would – 83%
1 said that they might – 4%
3 said they would not recommend MWIA – 13%



Comments:

“Update training should be at least once per year per person.”

“I integrate it into other aspects of my work. It is a good initiative and I hope the changes in the public sector do not affect it. However, a MWIA might not be able to solve the wider problems that exist.”

“It would be worth making the workshop shorter. I had to deliver the MWIA quickly and there was a sense of pressure and rushing to get things done.”

“I need some future support locally, with a Hackney focus.”

“It has raised my awareness of the issues surrounding mental health. When working with other projects it made me realise that physical health is discussed more than mental health. However there is a lot of jargon and translating that in diverse communities, when English may not be their first language is hard.”

“MWIA provides evidence to show to managers and funders. It is a thorough and clear document and more people are getting used to it. I found it difficult at first, it seemed to be made more complex and confusing by the terminology used.”



Comments:

“The amount of time it takes to complete is underestimated, but the process is good.”

“It is an interesting way to get the issues of a project noticed and provides a thorough evaluation.”

“I found it difficult sparing time out of my normal work schedule to complete the workshop and report, but found it a good experience. It was also useful to pass on information about mental well-being to the participants in the project so that they could develop their own mental well being.”

“Not enough people know what MWIA is, so I found it difficult to use MWIA as a funding tool for the project.”

“It is a good tool but the amount of time needed outside of the training itself needs to be made clearer.”



Comments:

“The training was rushed with too much information to take in in one day. There should be less background information and more time to practice for the workshop.”

“MWIA needs to be simplified.”

“It is good to build in evaluation within work being completed and it follows a clear structure.”

“It was a laborious process for minor returns. It is a problem for organisations, especially within the voluntary sector, to release people to spend time completing MWIAs, it is a drain on resources.”

“At the time the training was intense but then nothing has materialised from it.”

